

INDIANAPOLIS BEHAVIORAL HOSPITAL



Proposed Project

Ground Up Construction Project

The proposed project is a two-story behavioral hospital containing 67,000 square feet on approximately 5 acres of land on the campus of Hendricks Regional Health in Plainfield. The project will include 112 beds in semi-private rooms, outpatient space and supportive services.

Facility Operations, Services and Treatments

Patient Population

Indianapolis Behavioral Hospital is a 112-bed behavioral hospital that will offer a full continuum of behavioral healthcare to adolescents, adults and senior adults.

Services Provided

Behavioral health services will be provided on a 24-hour, 7 day per week basis in an acute psychiatric hospital setting. Outpatient services, which include Partial hospitalization and Intensive Outpatient services, are provided five days and evenings per week, Monday through Friday.

A broad spectrum of services will be offered. The following services enable the hospital to give optimal care to patients:

- **Free Assessments provided 24 hours a day, seven days a week**
Free assessments are offered 24 hours seven days a week as a part of our commitment to impacting the quality of life and welfare in the communities we serve. It is very difficult for individuals and families to step forward and admit they may have mental health or chemical dependency problems. Offering free assessments decreases the roadblocks preventing individuals and family members from seeking help.
- **Crisis stabilization**
Crisis Stabilization is provided to stabilize and treat persons who are in psychiatric crisis and presents a danger to themselves or within the community. It is believed that many of these individuals with mental illness can be treated in a short term program and returned to the community without an extended inpatient admission.
- **Ongoing monitoring and observation**
Ongoing monitoring and observation is done to assure patient safety and to determine the effectiveness of treatment.
- **Psychiatric Evaluation**
Performed by a Psychiatrist, a psychiatric evaluation is a process of gathering information about a patient with the purpose of making a diagnosis.

- **Psychosocial Evaluation**
Performed by a Social Worker, a psychosocial evaluation helps to inform a care and management plan. Patients often present with more than a set of medical or surgical problems and psychological or social factors may affect their recovery or compliance with treatment.
- **Treatment planning**
Treatment planning is done to assure treatment protocols are followed that address the person's problems. The treatment plan refers to a written document that outlines the methods and course of therapy. It is considered the "guide" to providing care for someone. A treatment plan is prepared by a multidisciplinary team including the psychiatrist, nurse, social worker and other professionals. The treatment plan is always subject to change as therapy progresses.
- **Medication management**
Medication and medication management are important in the treatment of mental health problems. Psychiatrists prescribe and monitor how the medication is working for an individual. The treatment team participates in the evaluation of the individual's mental status and behaviors and provides input to the psychiatrists. Medication Management sessions occur to assure the prescribed medication is appropriate and effective.
- **Group, family, individual, and adjunctive therapy**
Group, family, individual, and adjunctive therapy are critical in treatment because of the clinical impact these services have on resolving mental health problems.

Group therapy is provided by a trained therapist to facilitate individual's recovery from emotional problems. The group environment allows for the discussion of problems and resolutions that are shared by the individuals attending. Supportive discussions and shared resolutions may impact an individual's personal circumstances.

Individual and Family therapy is the use of psychological methods in a one-on-one or family session environment. Such therapeutic encounters help a person resolve or mitigate troublesome behaviors, beliefs, compulsions, thoughts, or emotions, and to improve relationships and social functioning.

Adjunctive therapy is an additional or secondary therapy combined with a primary treatment that increases effectiveness in treating mental health problems. Adjunct therapies can be in the form of recreation therapy and activity therapy. Recreation therapy is exercise therapy. There is an exercise room on each floor (two in total) with treadmill machines for running and weightlifting machines for weightlifting. Activity therapy involves engaging patients in creative arts, such as arts or craft work. All adjunctive therapies are supervised and administered by therapists at all times.

- **Laboratory, radiology, and diagnostic services**
Laboratory, radiology, and diagnostic services are provided on-site to address any of the medical issues that may exist in the mental health patient. Mental Health care and medical care go hand in hand to assure an individuals is healthy in all aspects.

Departments include:

- Assessment and Referral Department (Intake) – patients are assessed by clinicians (see page 6 for more information on Admissions process and Intake Department).
- Clinical Services Department includes the following Departments
 - Social Services Department / Case Management – Social Services (Social Workers) / Case Managers manage care and services needed for the hospitalized individual. Linkage to resources, coordination with resources/referrals, ensuring adequate use of services in the community, overcoming barriers to services that are needed (i.e. outpatient care, transportation, family communication, referral source connection). Clinical Social Workers/Case Managers in a hospital setting manage the day to day steps needed to assure treatment has an impact and discharge planning is appropriate for aftercare.
 - Nursing Services - Registered Nurses prescribe, coordinate, and evaluate patient care through collaborative efforts with health team members in accordance with the nursing process and the standards of care and practices.
 - Medical Staff Services – Psychiatrists and Physicians provide oversight of care and treatment.
- Dietary Department – Administers and coordinates food service for patients and staff. The Dietary Department approves menus, provides nutritional assessments for patients as needed and counsels patients and their families on dietary plans, food selections, preparation and nutritional principles. Monitors the performance improvement plans of the Dietary Services department and provides input in the development and implementation of patient care plans in relation to nutritional needs.
- Health Information Management – Maintains all patient medical records information, ensuring compliance with all state and federal laws, rules/regulations of licensing agencies and within the Joint Commission standards for the quality of patient care.
- Pharmacy - Manages administrative, pharmaceutical and professional functions relating to pharmaceutical care provided at the facility.
- Environmental Services - Manages and organizes the operations of the facility including housekeeping, maintenance and grounds keeping while maintaining compliance with all applicable codes, standards of government and regulatory agencies.
- Contracted Services (Lab and X-Ray) - Laboratory, radiology, and diagnostic service are provided to address any of the medical issues that may exist in the mental health patient. Mental Health care and medical care go hand in hand to assure an individual is healthy in all aspects.
- Human Resources (for staff) includes assisting in recruiting for vacant positions, conducting general employee orientations, assist in maintaining all personnel records and files, assist in conducting employee benefits and retirement program enrollment meetings, responding to insurance and unemployment compensation correspondence, employment verifications and assist in organizing all employee activities and in-services.

- Information Technology Department (for staff) prepares reports, prints and balances data entered into the system, performs basic computer system maintenance, master file maintenance, prepares contracts and maintains correspondence statistical log maintenance.
- Utilization Review – Consults with all services to ensure the provision of an effective treatment plan for all patients, oversees the response to requests for services and interfaces with managed care organizations, external reviewers and other payors.
- Quality Improvement and Risk Management – implements performance improvement program to assist the leadership in designing, planning, implementing and overseeing a comprehensive and integrated program.
- Community Outreach (Liaisons) – implements the philosophy, policy, procedures, systems and strategic goals set forth by the management team while maximizing referral potentials from assigned accounts and developing new business.
- Administration is responsible for the ethical, strategic and profitable management and organization of the facility, monitors and manages overall facility performance, performs comprehensive marketing activities, develops business plans and ensures that financial and quality performance goals and objectives are met for the facility.