#BeWell
Bike Share Program
Pg. 22
Welcome to the Richard A. Carlucci Recreation & Aquatic Center! There is always something new and exciting happening here, within the Plainfield Parks and Recreation Department. We are lucky to be a part of such a parks and trails-centric community. The Town of Plainfield is known for its extensive trail system with more than 30 miles of trails that connect the entire town. In fact, we just extended the Vandalia Trail west to the Town of Plainfield’s most western limits. Plainfield is constantly updating and increasing its parks inventory. Just last year, the Town of Plainfield opened Talon Stream Park, just north of the Richard A. Carlucci Recreation & Aquatic Center. Talon Stream Park includes a trail, a shelter house and restful, shaded areas with spectacular views of White Lick Creek. We now host our Fall Festival in October there; read more on that festival on page 18. The Town of Plainfield also recently acquired Sodalis Nature Park from Hendricks County Parks. Sodalis Park features more than 3.5 miles of nature trails, picnic areas and a 5.5-acre pond.

We encourage you to take part in the events and activities constantly taking place within the facility, but also getting out and participating in activities within our parks and trails system. We are excited to welcome you to the center!

The Plainfield Parks & Recreation Program Guide is our bi-annual brochure we use to share information about our upcoming programs in our recreation centers and parks. For even more information you should look to our website and social media channels, where we post updates and ways to register for said events. Please take some time to browse through this brochure and spend this season out in nature enjoying our parks or staying warm in our rec center!

Signed,
Brent Bangel
Plainfield Parks and Recreation Director
The Richard A. Carlucci Recreation and Aquatic Center
651 Vestal Rd  •  Plainfield, IN 46168
Phone: (317) 839-7665  (POOL)  Fax: (317) 838-5235
Email: havefun@townofplainfield.com
Website: www.townofplainfield.com
Follow us on social media and google!
Download the “Town of Plainfield” app in the Apple Store or Google Play to keep up-to-date on events, news and classes!

The Richard A. Carlucci Recreation and Aquatic Center features a blend of indoor and outdoor activities created with families in mind. The facility, situated on 20 acres at the tri-point corners of Vestal Road, 350 South and Pike Lane, is ideal for your family’s leisure experience.

Today’s hectic lifestyles often leave families with little time to spend together. The Richard A. Carlucci Recreation and Aquatic Center offers a variety of activities for guests to come play, exercise and swim or relax! Basketball courts, exercise areas, pools, indoor play area, community rooms, a media center and fitness trails are just a few of the components that make the center a great place! The only other necessary element is you!

STAFF
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Hours of Operation
Fitness Center
5:30am - 10:00pm  Monday – Saturday
12:00pm - 9:00am  Sunday
Rental Rooms
7:00am - 9:00am  Monday – Saturday
2:00pm - 8:00pm  Sunday
See posted schedule for specific recreational times for: Gym, Playworld, and Splash Island
Indoor Aquatic Center (Times vary due to programming)
The Recreation and Aquatic Center will close for annual maintenance: (Subject to change)
August 17-21, 2020  Recreation Center
August 17-25, 2020  Gymnasium
August 15-23, 2020  Indoor Aquatic Center

Holiday Hours
The Recreation and Aquatic Center will be closed on these dates:
Thanksgiving Day  Thursday, Nov. 28
Christmas Day  Wednesday, Dec. 25
New Years Day  Wednesday, Jan. 1, 2020
Easter Sunday  Sunday, April 12, 2020

The Recreation and Aquatic Center will close at 6:00pm on these dates:
All afternoon and evening programs will be cancelled
Labor Day  Monday, Sept. 2
Thanksgiving Eve  Wednesday, Nov. 27
Christmas Eve  Tuesday, Dec. 24
New Years Eve  Tuesday, Dec. 31
Easter Eve  Saturday, April 11, 2020
Memorial Day  Monday, May 25, 2020
Independence Day  Saturday, July 4, 2020

General Rules for the Recreation and Aquatic Center
1. Children ages 9 – 12 must have a parent or guardian in the facility while visiting the Recreation and Aquatic Center. Children ages 8 and younger require direct supervision by a parent or guardian at all times. (Except for the supervised children’s programs conducted by or for Plainfield Parks and Recreation.)
2. Parents or guardians are encouraged to make the Recreation and Aquatic Center staff aware of any pre-existing medical conditions such as asthma, diabetes, seizures and allergies.
3. Read and follow posted “user guidelines” for each area of the facility.
4. Plainfield Parks and Recreation reserves the right to add or change rules at anytime.
5. The Recreation and Aquatic Center is a smoke free facility. There is no smoking including the use of E-Cigarettes anywhere on the property.
6. No refunds.
7. We accept cash, check and credit card payments. All check payments will require a driver’s license.
8. Plainfield Parks and Recreation is not responsible for any lost or stolen articles.
9. Read and follow Plainfield Town Ordinance 10-2013, an ordinance used to establish Rules and Regulations for Parks and other Recreational areas in the Town of Plainfield, Indiana.

Find our Town Parks Ordinance at townofplainfield.com

Register online for programs!
1) Register
Online accounts can be created by calling 317-839-7665.
2) Log In
Log in using your username and password
3) Enroll
Register for Plainfield Parks and Recreation programs online and receive a $5 discount.
Admission and Memberships

Admission

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Regular Rate</th>
<th>Town Resident*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (18 years and older)</td>
<td>$11.00</td>
<td>$7.00</td>
</tr>
<tr>
<td>Youth (5 – 17 years old)</td>
<td>$10.00</td>
<td>$6.00</td>
</tr>
<tr>
<td>Pre-School (4 years and under)</td>
<td>$8.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Senior Citizen (55 years and older)</td>
<td>$9.00</td>
<td>$6.00</td>
</tr>
<tr>
<td>Just Watching Pass</td>
<td>$5.00</td>
<td>$4.00</td>
</tr>
</tbody>
</table>

For groups of 50 or more guests, advance group ticket sales are available at a 10% discount. Members may pre purchase a minimum of 10 adult day passes. *Residency rates apply.

Membership - Plainfield Resident Rate*

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>12 Months</th>
<th>6 Months</th>
<th>3 Months</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Household Membership</td>
<td>$620.00</td>
<td>$340.00</td>
<td>$186.00</td>
<td>$67.00</td>
</tr>
<tr>
<td>(Includes two adults and children living under same household 25 years old and younger)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Membership</td>
<td>$347.00</td>
<td>$191.00</td>
<td>$104.00</td>
<td>$38.00</td>
</tr>
<tr>
<td>Youth Membership</td>
<td>$204.00</td>
<td>$112.00</td>
<td>$61.00</td>
<td>$22.00</td>
</tr>
<tr>
<td>Senior Citizen Membership</td>
<td>$204.00</td>
<td>$112.00</td>
<td>$61.00</td>
<td>$22.00</td>
</tr>
<tr>
<td>Adult Couples Membership</td>
<td>$589.00</td>
<td>$324.00</td>
<td>$176.00</td>
<td>$64.00</td>
</tr>
<tr>
<td>(Must live in the same household)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Couples Membership</td>
<td>$371.00</td>
<td>$204.00</td>
<td>$111.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>(Both must be 55 years or older and live in same household)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ten Visit Pass</td>
<td>$43.00</td>
<td>(Valid for 12 months after purchase date.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Membership - Guilford Township Rate* (For Guilford Township residents who live outside the Town of Plainfield)

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>12 Months</th>
<th>6 Months</th>
<th>3 Months</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Household Membership</td>
<td>$651.00</td>
<td>$358.00</td>
<td>$195.00</td>
<td>$70.00</td>
</tr>
<tr>
<td>(Includes two adults and children living under same household 25 years old and younger)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Membership</td>
<td>$364.00</td>
<td>$201.00</td>
<td>$109.00</td>
<td>$40.00</td>
</tr>
<tr>
<td>Youth Membership</td>
<td>$214.00</td>
<td>$118.00</td>
<td>$64.00</td>
<td>$23.00</td>
</tr>
<tr>
<td>Senior Citizen Membership</td>
<td>$214.00</td>
<td>$118.00</td>
<td>$64.00</td>
<td>$23.00</td>
</tr>
<tr>
<td>Adult Couples Membership</td>
<td>$618.00</td>
<td>$340.00</td>
<td>$185.00</td>
<td>$67.00</td>
</tr>
<tr>
<td>(Must live in the same household)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Couples Membership</td>
<td>$390.00</td>
<td>$214.00</td>
<td>$117.00</td>
<td>$42.00</td>
</tr>
<tr>
<td>(Both must be 55 years or older and live in same household)</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ten Visit Pass</td>
<td>$45.00</td>
<td>(Valid for 12 months after purchase date.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Membership - Non-Resident Rate*

<table>
<thead>
<tr>
<th>Membership Type</th>
<th>12 Months</th>
<th>6 Months</th>
<th>3 Months</th>
<th>1 Month</th>
</tr>
</thead>
<tbody>
<tr>
<td>Household Membership</td>
<td>$867.00</td>
<td>$478.00</td>
<td>$260.00</td>
<td>$93.00</td>
</tr>
<tr>
<td>(Includes two adults and children living under same household 25 years old and younger)</td>
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<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Adult Membership</td>
<td>$485.00</td>
<td>$267.00</td>
<td>$146.00</td>
<td>$53.00</td>
</tr>
<tr>
<td>Youth Membership</td>
<td>$286.00</td>
<td>$156.00</td>
<td>$86.00</td>
<td>$30.00</td>
</tr>
<tr>
<td>Senior Citizen Membership</td>
<td>$286.00</td>
<td>$156.00</td>
<td>$86.00</td>
<td>$30.00</td>
</tr>
<tr>
<td>Adult Couples Membership</td>
<td>$824.00</td>
<td>$454.00</td>
<td>$247.00</td>
<td>$89.00</td>
</tr>
<tr>
<td>(Must live in the same household)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Senior Couples Membership</td>
<td>$519.00</td>
<td>$286.00</td>
<td>$155.00</td>
<td>$57.00</td>
</tr>
<tr>
<td>(Both must be 55 years or older and live in same household)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ten Visit Pass</td>
<td>$61.00</td>
<td>(Valid for 12 months after purchase date.)</td>
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<td></td>
</tr>
</tbody>
</table>

All memberships or daily passes include aerobics, cycling, and water aerobic classes.

*We require a photo I.D. to qualify for resident rates.

**All membership and program purchases require a signature of an adult (18) years or older. Memberships are non-transferable.
### Recreation and Aquatic Center Hourly Rental Rates

<table>
<thead>
<tr>
<th>Facility</th>
<th>Member</th>
<th>Resident/Non-Member</th>
<th>Non-Resident/Non-Member</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Media Center</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td><em>Rentals must be a minimum of 2 hours</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$35.00</td>
<td>$45.00</td>
<td>$65.00</td>
</tr>
<tr>
<td><strong>Meeting/Banquet Rooms</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>Rentals must be a minimum of 2 hours. Additional time for preparation and cleanup is not included</em></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$35.00</td>
<td>$45.00</td>
<td>$65.00</td>
</tr>
<tr>
<td><strong>Full Day Rental</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>(More than 6 hours)</em></td>
<td>$225.00</td>
<td>$290.00</td>
<td>$350.00</td>
</tr>
<tr>
<td><strong>Courts</strong></td>
<td></td>
<td></td>
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</tr>
<tr>
<td><em>(April – September: Off Peak Seasonal Hours)</em></td>
<td></td>
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<td></td>
</tr>
<tr>
<td></td>
<td>$45.00</td>
<td>$55.00</td>
<td>$65.00</td>
</tr>
<tr>
<td><em>(October – March: Peak Seasonal Hours)</em></td>
<td></td>
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<td></td>
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<tr>
<td></td>
<td>$85.00</td>
<td>$95.00</td>
<td>$105.00</td>
</tr>
<tr>
<td><strong>Wet Party (Pool Room)</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><em>(2 hour rental)</em></td>
<td>$120.00</td>
<td>$140.00</td>
<td>$160.00</td>
</tr>
<tr>
<td><strong>Splash Island Waterpark Exclusive Use</strong></td>
<td>$627.00/hr</td>
<td>$716.00/hr</td>
<td>$836.00/hr</td>
</tr>
<tr>
<td><strong>Recreation Center Exclusive Use (Indoor)</strong></td>
<td>$540.00/hr</td>
<td>$620.00/hr</td>
<td>$720.00/hr</td>
</tr>
<tr>
<td><em>(after operational hours/2 hour min.)</em></td>
<td></td>
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</tr>
</tbody>
</table>

### Membership Benefits

#### Playworld (pg. 7)
- Supervised play for up to 90 mins.
- 3 level play structure

#### Fitness Center (pg. 9)
- Cardio Equipment
- Strength Machines
- Free Weights
- Cycling Room
- Walking/Running Track

#### Gymnasium
- 3 basketball courts with 2 cross courts
- Minimum of one court available for open play at all times

#### Indoor Aquatic Center (pg. 24)
- Two story waterslide
- Interactive children’s play area
- Zero depth water entry
- Three 25 yard lap lanes
- Gentle winding river
- Pulsating vortex

#### Splash Island (Memorial Day to Labor Day)
- Leisure pool with zero depth entry
- Children’s play area and three body slides
- [Visit splashislandplainfield.com](http://splashislandplainfield.com) for further details

#### Plus more...
- Pickleball, table tennis & foosball
- Group aerobics classes (pg. 8)
- Membership discounts on programs, pool parties & room/gym rentals
VANDALIA BY DEL WEBB
5266 John Quincy Adams Ct., Plainfield, IN 46168

LOVE LIFE TO THE FULLEST.

55-and-Older Community  Lifestyle Director  New Clubhouse Exclusively for Residents

Vandalia by Del Webb will give you the best of both worlds: amenities and a socially active lifestyle full of discovery. From quality construction and innovative home designs to social clubs and programs, you’ll feel at home the moment you arrive. delwebb.com/vandalia

*At Del Webb communities, at least one resident must be 55 years of age or older, no one under 19 (18 in certain communities) in permanent residence, and additional restrictions apply. Some residents may be younger than 55. Please see a sales consultant for details. This material shall not constitute a valid offer in any state where prior registration is required or if void by law. "Del Webb" is a registered trademark of PulteGroup, Inc. and/or its affiliates. © 2018 Pulte Homes of Indiana, LLC. All rights reserved. [JAN 2018]
**Playworld**

**LET US WATCH YOUR KIDS WHILE YOU PLAY!!**

Playworld is only included in a membership. Otherwise daily admission rates apply.

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**KID’S CLUB**

Kids Club is a supervised play program that gives kids something to do while mom & dad work out in the fitness center. Kids Club is not child care – be sure to understand the Kids Club guidelines before you participate. See Playworld for complete rules.

**When:**
- Monday - Thursday: 8:30am - 9:00pm
- Friday - Saturday: 8:30am - 7:00pm
- Sunday: 12:00pm - 7:00pm

**Ages:** 3-12 years old (Must be potty trained)

**Fees:** Included in admission to the Recreation and Aquatic Center. Parent and child must have membership or day pass.

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**JR. KID’S CLUB**

Jr. Kid’s Club is available for toddlers 1-2 years of age and is supervised by our Playworld staff. This program is for children that are not quite old enough for Kid’s Club but are capable of being supervised by staff for a limited period of time.

**When:**
- Monday - Friday: 8:30am - 11:00am
- Monday - Thursday: 5:30pm - 8:30pm
- Saturday: 8:30am - 12:30pm

**Ages:** 1 – 2 years old

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**Specific Rules for “Kid’s Club”**

1. “Kid’s Club” is for children ages 3-12 years old.
2. Children in “Kid’s Club” MUST be potty trained.

**Specific Rules for “Jr. Kid’s Club”**

1. “Jr Kid’s Club” is for children 1 – 2 years of age.
2. Children must be in diapers at all times.
3. Staff will not change diapers; parents will be contacted to return to their child to change diapers.
4. If children continuously cry parents will be contacted to return to their child.
5. Changing diapers and removing children’s clothing must be completed in an enclosed area such as the bathroom by the parent.
6. If a child needs assistance using the restroom, the parent will be notified and they are responsible for assisting the child.
7. We reserve the right to turn children away if it has reached capacity.
8. If parents abuse the time limit or leave the facility, we reserve the right to deny them this privilege.
9. Children may be supervised for up to 90 minutes.
10. No one over the age of 12 is permitted in the tubes unless it is an employee on shift.
11. Parents must sign in children by leaving a photo ID with a completed safety card, sign in on the correct sign-in sheet, and parents will be issued a numbered wrist band which must be worn while the child is in Playworld.
12. Parents cannot leave the facility.
13. Socks must be worn at all times.
14. There is no food or drink allowed for any children. Water will be available.
15. If a parent does not want their child to leave Playworld unless of an emergency they must initial the section of the sign in sheet.
16. On every half hour all children will be called from the tubes to complete a safety check and a water break.
Aerobics Class Descriptions

Aerobics classes are offered every day and are included in your membership or an admission pass. Aerobics classes are a first come first serve basis; a class may reach capacity. Pick up a quarterly schedule at the front desk for times and locations with our certified instructors!

AQUA X
This class is designed to increase cardio fitness, increase flexibility, build lean muscle, reduce body fat, and strengthen muscle without the impact on the joints by using the resistance of the water.

BEACHBODY MASH-UP
This Beachbody class will test your limits! Be ready to hit all of the great workouts that Beachbody has to offer.

BUTTS & GUTS!
A challenging variety of abdominal and core exercises will tone and strengthen your midsection while gluteal focused moves work and tone your backside.

CARDIO TONING
This is a class that incorporates a wide variety of exercises including bench, weights, band, and a ball.

CIRCUIT TRAINING
This workout is geared toward those who want some variety in their workout – an amazing mix of cardio and toning. It will utilize a combination of circuits: cardio, arms, legs, back and core.

CYCLING*
This intense cardio class will burn off those tough calories as well as increasing stamina and energy levels!

BOOM®
BOOM was developed by leading fitness experts to improve strength, flexibility and endurance in convenient 30-minute workouts.

HIIT
In this class you will work hard for short bursts and then have an active recovery period, varying the time of work and rest.

HIIT CYCLING
In this class you will work hard for short bursts and then have an active recovery period, varying the time of work and rest, the kicker is it’s all done on a bike!

P90x®
Cardio class, for the everyday normal person. This program opens the door for you to see dramatic, visible results

PIATES
This class will help you develop core strength, a leaner body by lengthening and strengthening muscles without building bulk, and improve balance, poise, stability and flexibility!

PiYo
Participate in this class and work on your core strength while soothing your body and mind.

POWER YOGA
The class moves faster for more cardiovascular benefits and also yields increased strength, endurance, balance and flexibility.

SILVER SNEAKERS CIRCUIT®
The class features upper-body strength workouts using hand-held weights, elastic tubing with handles and other fun accessories in non-impact aerobic activity.

SILVER SNEAKERS CARDIO®
The workout includes easy-to-follow low impact movement, and upper-body strength, abdominal conditioning, stretching and relaxation exercises designed to energize your active lifestyle.

SILVER SNEAKERS CLASSIC®
Have fun and move to the music through a variety of exercises designed to increase Muscular Strength, Range Of Movement, and activity for daily living skills. Hand-held weights, elastic tubing with handles, and a ball are offered for resistance.

SILVER SNEAKERS STABILITY®
This class is designed for fall prevention and is suitable for nearly every fitness level. It can be adapted depending on the skill of individual participants.

SILVER SNEAKERS YOGA®
This class will move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance and range of movement. Restorative breathing exercises and final relaxation will promote stress reduction and mental clarity.

TOTAL BODY TONING
Full body toning and shaping is the focus of this class as we use a variety of strength exercises to shape and tone the bodies different muscle groups.

YOGA
This class will soothe your body and mind, while allowing your body to to become stronger and more flexible.

YOGA STRETCH
Stretching class using yoga poses along with bands, Pilates rings, and all with a little assistance from the instructor

ZUMBA®
The easy to learn dance combinations use fast and slow rhythms to tone and sculpt the body while also providing an incredible cardio workout.

*All classes are drop in with the exception of cycling. Please sign up for those 48 hours in advance at the fitness desk.
FITNESS CENTER ORIENTATION

For children ages 13-15 years old, a fitness orientation is required for regular use of the Fitness Center while accompanied by an adult. One of our Fitness Center Instructors will show you how to properly use the cardio and weight equipment and help you get comfortable with the facility. Fitness orientations are recommended for all guests, this will help guests new to our facility become familiar with our Fitness Center.

*Preregistration is required, register at the front desk of the Rec Center 24 hours in advance.

Where: Recreation and Aquatic Center - Fitness Center
When: Wednesdays @ 6:00pm & Saturdays @ 11:00am
Ages: 13 and older
Fees: Included in admission to the Recreation and Aquatic Center. Completed orientation card will be kept on file in the fitness center.

DUGAN’S SPORTS PERFORMANCE (DSP)

These programs are tailored to the serious athlete. It trains male and female athletes at middle school, high school, college and professional levels. Dugan’s Sports Performance has worked with athletes of all levels and has been successful in optimizing athletic ability.

Where: Recreation and Aquatic Center - Fitness Center
When: By appointment
Ages: 13 and older
Fees: Contact DSP for pricing information

Training Sessions: A training session typically lasts for 75-90 minutes. In these sessions, a performance coach will assess the athlete’s existing ability and primary needs, and then establish goals. Small group classes are also available for athletes of the same sport, ability and age. These groups can be requested by athletes, coaches or by performance trainer.

To make an appointment please contact:
Matt Dugan CES, PES • (317) 223-5698 matt@duganssportsperformance.com
Brock Masterson, Trainer • (317) 502-6328 brock@duganssportsperformance.com

PERSONAL TRAINING

Need a little workout motivation? Our certified Personal Trainers can do just that for you! Stop by the Fitness desk or Front Desk for their contact information and get signed up today!

Ages: 13 and older

ONE-ON-ONE TRAINING
Code: 180006
Single Session - 30 minute session
$30.00 Active Member
$32.00 Resident Non-Member
$34.00 Non-Resident / Non-member
Package A - (5) 30 minute sessions
$133.00 Active Member
$140.00 Resident Non-Member
$147.00 Non-Resident / Non-member
Package B - (10) 30 minute sessions
$247.00 Active Member
$260.00 Resident Non-Member
$273.00 Non-Resident / Non-member
Package C - (20) 30 minute sessions
$418.00 Active Member
$440.00 Resident Non-Member
$462.00 Non-Resident / Non-member

TWO PERSON TRAINING
Code: 180007
Both participants must train at the same time – great for couples! Price is per person – sign up each individual person for same section

Single Session - 30 minute session
$23.00 Active Member
$24.00 Resident Non-Member
$26.00 Non-Resident / Non-member
Package A - (5) 30 minute sessions
$100.00 Active Member
$105.00 Resident Non-Member
$110.00 Non-Resident / Non-member
Package B - (10) 30 minute sessions
$185.00 Active Member
$195.00 Resident Non-Member
$205.00 Non-Resident / Non-member
Package C - (20) 30 minute sessions
$305.00 Active Member
$330.00 Resident Non-Member
$347.00 Non-Resident / Non-member

THREE PERSON TRAINING
Code: 180008
Participants must all train at the same time. Price is per person – sign up each individual person for same section

Single Session - 30 minute session
$20.00 Active Member
$22.00 Resident Non-Member
$23.00 Non-Resident / Non-member
Package A - (5) 30 minute sessions
$88.00 Active Member
$95.00 Resident Non-Member
$98.00 Non-Resident / Non-member
Package B - (10) 30 minute sessions
$165.00 Active Member
$175.00 Resident Non-Member
$182.00 Non-Resident / Non-member
Package C - (20) 30 minute sessions
$279.00 Active Member
$294.00 Resident Non-Member
$308.00 Non-Resident / Non-member

The indoor track is open during all operational hours!
1/8 of a mile long (8 laps = 1 mile)
YOUR TOWNSHIP PARK FOR FAMILY FUN

We’ve got a year full of fun for the whole family!

- July 4th Fireworks Extravaganza
- Hummel Park Summer Concert Series
  - Hometown Holiday
  - Sports & Recreation
  - And So Much More

Rent a facility or just come and play!

Open Dawn to Dusk Every Day

1500 S. Center St., Plainfield, Indiana 46168 • (317) 839-9121 • info@hummelpark.net

www.hummelpark.net
**SUPER SPIKERS**

Designed for the beginner to intermediate athlete, this introductory volleyball class is offered to children ages 8-12. Your Super Spiker will learn skills including passing, setting, and hitting through a variety of drills and instruction by qualified instructors.

**Where:** Recreation and Aquatic Center – Court 1  
**When:** Tuesday & Thursday  
**Fees:**  
- $60.00 Active Member  
- $68.00 Non-Member Resident  
- $80.00 Non-Member / Non-Resident  
**Code:** 220010

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<td>Mar. 31 / Apr. 2</td>
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**LITTLE KICKERS**

They kick, they score! Your aspiring soccer player will learn skills such as dribbling, passing, and kicking. This indoor class meets twice a week for four weeks.

**Where:** Recreation and Aquatic Center – Court 1  
**When:** Monday & Wednesday  
**Fees:**  
- $54.00 Active Member  
- $60.00 Non-Member Resident  
- $69.00 Non-Member / Non-Resident  
**Code:** 220016

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<td>Mar.30 / Apr. 1</td>
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<td>Mar.30 / Apr. 1</td>
<td>March 4, 2020</td>
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**TUMBLING TOTS**

Aspiring young gymnasts, look no further! Designed for children 18 months to 2.5 years old, this class introduces beginning movements and balance, and will increase your child’s natural ability to do rolls and basic tumbling! Creativity is developed in this fun, eight week class for preschoolers!

**Where:** Recreation and Aquatic Center – Room 121/122  
**When:** Monday  
**Ages:** 18 months – 2.5 years  
**Fees:**  
- $48.00 Active Member  
- $54.00 Non-Member Resident  
- $63.00 Non-Member / Non-Resident  
**Code:** 120004

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<td>5:00pm – 5:30pm</td>
<td>March 30</td>
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**TWISTING TUMBLERS**

Aspiring young gymnasts look no further! Designed for children 2.5 years to 12 years old. These classes are for gymnasts who are just starting out, or for those who have had previous experience! Classes meet every week for an eight week period with Miss Christel!

**Beginner Class**  
Learn coordination drills, group socialization, forward and backward rolls, cartwheels, balance, and obstacle course work.

**Intermediate Class**  
Experience exciting and challenging structure of gymnastics utilizing obstacle courses, games, and balance beam! Skills include round offs, back bends, back handsprings, back walkovers, and handstands.

**Where:** Recreation and Aquatic Center – Room 121/122  
**When:** Monday  
**Fees:**  
- $52.00 Active Member  
- $59.00 Non-Member Resident  
- $69.00 Non-Member / Non-Resident  
**Code:** 220011

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<td>March 30, 2020</td>
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HAMMER MARTIAL ARTS

Taekwondo/Self Defense

The HMA program uses Taekwondo as a basic style, and incorporates the best of striking and self-defense. Basics of kicking, punching, fitness, balance, coordination, and discipline are all practiced and developed to create quality martial artists. The program is designed for adults, kids and families to participate together and learn taekwondo and martial arts basics.

**Where:** Recreation and Aquatic Center – Room 121/122

**When:**
- Tuesday 5:30pm – 7:15pm
- Wednesday 6:30pm – 8:15pm
- Thursday 6:30pm – 7:15pm
- Saturday 9:30am – 10:15am

**Ages:** All ages

**Fees:** Take a free trial class! For more information visit hammerma.com or contact Master Hammersley at 317-997-5108 for more details

Hapkido

The Hapkido program teaches situational self-defense and is designed for adults and advanced martial arts students. Students will learn joint locks, throws, ground fighting, striking, kicking and weapon defenses. Our program works well for police officers and institutional employees who must manage combative people; it also helps achieve flexibility and is a great workout. Hapkido emphasizes circular motion, redirection of force, and control of the opponent.

**Where:** Recreation and Aquatic Center – Room 121/122

**When:**
- Tuesday 7:15pm - 8:20pm
- Saturday 10:15am - 11:20am

**Ages:** 16 and older

Lil Dragons

This Tae Kwon Do program will enhance your child’s development in the following areas: listening skills, memory, balance, confidence, discipline and respect.

**Where:** Recreation and Aquatic Center – Room 121/122

**When:**
- Thursday 6:00pm - 6:30pm
- Saturday 9:00am - 9:30am

**Ages:** 4 – 6 years old

DAY CAMPS

Calling all kids. Come enjoy our Seasonal Camps.

Campers will create various crafts, learn teamwork, play sports, and enjoy participating in indoor and outdoor activities alike while making new friends. Our counselors are certified in First Aid and CPR! Sessions are Monday – Friday. Pre-Registration is required.

**Where:** Recreation and Aquatic Center

**Time:**
8:00am - 5:00pm

**Ages:**
5 - 8 and 9 - 12

**Fees:**
For more information please call (317) 839-7665 or email campisfun@townofplainfield.com

2019 Fall Day Camp

<table>
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2020 Spring Day Camp

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2020 Summer Day Camp

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<td>July 6 – 10, 2020</td>
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**SWISH YOUTH BASKETBALL PROGRAMS**

**Parent-Tot**
Give your child the advantage of learning basketball fundamentals at an early age! Passing, shooting, footwork, ball handling, and defense will be taught in this fun and exciting eight week program. Parent participation is required in this program.

**Fees:**
$68.00 Active Member
$72.00 Non-Member Resident
$75.00 Non-Member / Non-Resident

**Youth**
Designed to develop your child’s basketball skills such as dribbling, passing, and coordination. This class will prepare them for either the Advanced Youth program or more enhanced 1-on-1 training with Swish or Showcase basketball.

**Fees:**
$75.00 Active Member
$80.00 Non-Member Resident
$93.00 Non-Member / Non-Resident

**Advanced Youth**
Help your child develop into a more confident basketball player and prepare them for more advanced training with this class. Your child will be challenged physically and mentally by drills and activities throughout the program that focus on progressing their fundamentals.

**Fees:**
$80.00 Active Member
$84.00 Non-Member Resident
$95.00 Non-Member / Non-Resident

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**SWISH YOUTH BASKETBALL PROGRAMS**

<table>
<thead>
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<th>Section</th>
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<td>10</td>
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<td>Advanced Youth</td>
<td>Tue/Thurs</td>
<td>6:00pm - 7:00pm</td>
<td>10-12</td>
<td>Mar. 24 / April 2</td>
<td>Mar. 15, 2020</td>
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**SWISH BASKETBALL TRAINING**

Make A Swish Basketball Training is designed to improve the quality of basketball players at all levels by instructing all ages on how to build fundamental skills and enhance athletic ability. Our program helps each player appreciate the effects of positive attitude, work ethic, self-discipline and self-determination on and off the court.

For additional information or to schedule an appointment please contact Duke Lovins at (317) 447-0489 or email dukelovins@yahoo.com. All registrations are done at the front desk of the Recreation and Aquatic Center.

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**SHOWCASE BASKETBALL – ADVANCED SKILL DEVELOPMENT BASKETBALL TRAINING**

Showcase Basketball is determined to provide the skill development needed for the serious basketball player dedicated to taking their game to the next level. Coach Ben Gorman will be the instructor and comes highly touted from the collegiate level with experience in basketball, whether it be coaching, instructing, or recruiting. Showcase will offer standard individual workouts; however, group workouts can be used to provide a competitive dynamic for athletes of the same skill level.

Where: Recreation and Aquatic Center – Gymnasium
When: By Appointment

**Single Session Rates:**
Private $40.00
Group $35.00

**Monthly Rates**
1 Workout/Week
Private (4 Total Workouts) $160.00
Group (4 Total Workouts) $125.00
2 Workouts/Week/Person
Private (8 Total Workouts) $200.00
Group (8 Total Workouts) $175.00

To make an appointment please contact: Ben Gorman at 317-459-3727 or Bengorman9@gmail.com
BENEFICIENT FUND

Residents may receive fee assistance from the Town Beneficent Fund to reduce the cost for membership and most recreational programs. This program is funded through departmental sponsorships and donations, as well as managed by Town Officials.

For more information and to apply, please direct inquiries to the Director of Parks and Recreation, Brent Bangel at (317) 839-7665, bbangel@townofplainfield.com, or visit the front desk of the Recreation and Aquatic Center.

GUIDELINES FOR APPLICATION

1. Applicants must be a current resident of the Town of Plainfield to be considered.
2. Applications will be considered for recreation/aquatic center memberships or program registration fees.
3. Each person(s) requesting assistance from the Beneficent Fund established by the Plainfield Parks and Recreation Department must submit a complete application.

4. Each application submitted will be reviewed by the Beneficent Fund Committee. The Committee shall be made up of the Plainfield Town Manager, Plainfield Town Council Liaison to the Parks and Recreation Department and the Director of the Plainfield Parks and Recreation Department.
5. Applicants will be notified in writing after application has been reviewed.
6. Beneficent Fund applications may be requested at the Richard A. Carlucci Recreation and Aquatic Center during hours of operation.

CRITERIA USED

1. Residency – Applicants must live within the Town of Plainfield.
2. Need – Based on membership or program applying as well as annual maximum per family awards.
3. Federal Poverty Guidelines – when reviewing household income and number of persons in the household, the HHS Poverty Guidelines will be used.

Find Your Forever Home at Trailside

Convenient Plainfield Location

New Homes From the Low $200s

Direct Access to Vandalia Rail Trail

Prices shown are estimated base prices, do not include lot premiums or options, and are subject to change without notice. Photographs are for illustrative purposes only, are not intended to be an actual representation of a finished home being offered, and depict models containing features or designs that may not be available on all homes or that may be available for an additional cost. This material shall not constitute a valid offer in any state where prior registration is required. © 2018 Pulte homes of Indiana, LLC. All rights reserved.
**SENIOR SOCIAL WEDNESDAY**

Plainfield Parks and Recreation and Sugar Grove Senior Living have teamed up to offer lunch, activities and demonstrations twice a month for seniors! RSVP at the Front Desk of the Richard A. Carlucci Recreation and Aquatic Center or by calling Sugar Grove at 317-839-7900.

Speakers include: Hendricks Regional Health Representatives, Plainfield Police Department, Plainfield Fire Territory, Plainfield Department of Public Works, Estate Planning, Basic CPR Lessons, BINGO, and more. Ask the front desk for the latest speakers list.

**Where:** Recreation and Aquatic Center – Room 139 A&B

**When:** First and Third Wednesday of each month

**Time:** 11:00am

**Fees:** FREE – RSVP at the Front Desk (30 person max)

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**SILVER SNEAKERS**

Silver Sneakers is an insurance program providing a free membership for those who have an eligible insurance policy. The membership provides access to the facility and all programs and classes offered here at the Richard A. Carlucci Recreation and Aquatic Center. The program also includes specialty aerobic classes listed as Silver Sneakers within the quarterly aerobics schedule. These classes offer an introduction to aerobic exercise targeting those who are beginning or restarting an exercise program. To see if you are eligible, contact your insurance agent to see if you have Silver Sneakers as a benefit or see the Front Desk to check your eligibility. Silver Sneakers is a national program that you can use at other participating facilities around the country. Contact Penny Thomas at pthomas@townofplainfield.com for more information.

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**PICKLEBALL**

Join us for Pickleball open play. A mix between badminton and tennis, this game is one of the fastest growing sports in the country. The program is at no additional cost for members. Non-Members fees are included with a day pass to the Recreation and Aquatic Center.

**Where:** Recreation and Aquatic Center – Basketball Courts

**When:** Monday–Friday, Sunday

**Time:** Please see seasonal schedule at front desk

**Fees:** Included in admission to the Recreation and Aquatic Center

8 outdoor courts now available for play at Swinford Park! See posted schedule for open and group play.

See more information about Swinford park on page 20.

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**TABLE TENNIS**

Polish your table tennis skills at the Recreation and Aquatic Center in the café area. Players of all skill levels join for open play during all hours of operation! Participants are encouraged to bring their own paddle and balls. The program is not an additional cost for members. Non-Members fees are included with a day pass to the Recreation and Aquatic Center. (Look for posted recreation tournament play times throughout the year.)

**Where:** Recreation and Aquatic Center – Café Area

**When:** During regular hours (first come first serve)

**Fees:** Included in admission to the Recreation and Aquatic Center

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**LA BLAST®**

This aerobic workout incorporates jazzy movements of the Lindy Hop and rhythmic footwork of the Rumba! You’ll get a great workout while moving to music. Try a single session to see what La Blast is all about!

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**PROGRAM POLICIES AT A GLANCE**

- No make-up classes permitted unless cancelled by Plainfield Parks and Recreation.
- Program Inclement Weather: All registered participants will be notified as early as possible once a program is affected by weather. All Group Fitness, Aqua-X or other drop in participants will need to call 317-839-7665 to check on the status of programs.
- All programs must meet minimum enrollment requirements prior to the start of the class. Programs are subject to cancellation in the event of lack of participation.
- Plainfield Parks and Recreation reserves the right to move or alter program dates/times as needed.
- If a participant withdraws from a program and requests a refund prior to the program registration deadline the refund amount will 100% of what was paid. If cancelling after the program registration deadline the refund amount will depend upon enrollment numbers and expenses already incurred for the program. For cancellations with a refund request after the registration deadline but before the program begins and the enrollment slot can be filled, a 100% refund can be made with management approval.
BALLROOM DANCE

SOCIAL DANCING 101

Designed for beginners or those who would like to reinforce the basics, participants will learn the Foxtrot, Waltz, Cha Cha, Rumba, EC Swing, and the 4 Count Hustle! A partner is not required.

Where: Recreation and Aquatic Center – Aerobics Room
When: Friday 6:00pm – 7:00pm
Ages: 13 and older
Fees: $50.00 per person
Code: 140016

SOCIAL DANCING 102

For the intermediate level dancer and above, this class will focus on dances such as the Tango, Salsa, 3 Count Hustle, WC Swing, and the Quickstep. You will also be introduced to more advanced bronze level patterns from the Dvida Step List, with an emphasis on timing, proper lead, and finish patterns. A partner is not required.

Where: Recreation and Aquatic Center – Aerobics Room
When: Friday 7:00pm – 8:00pm
Ages: 13 and older
Fees: $50.00 per person
Code: 140016

INDIVIDUALIZED DANCE LESSONS

Are you looking to perfect your dance technique? Here’s your chance to work individually with our dance instructor and be challenged to improve your form, patterns, steps, and more! Chris Ford has been dancing with multiple professionals for many years. To schedule an appointment please contact Chris at (317) 833-9898 or email dancemaster@live.com. All registrations are done at the front desk of the Recreation and Aquatic Center.

Where: Recreation and Aquatic Center – Aerobics Room
When: By Appointment – 45 Minute Sessions
Ages: 18 and older
Fees: $95.00 / Single session
Discount packages:
2 sessions for $190.00
4 sessions for $340.00
8 sessions for $640.00
12 sessions for $900.00
16 sessions for $1,120.00
Code: 140016

BALLROOM DANCE PARTY & GROUP

Have fun practicing the art of ballroom dance, while meeting new friends and becoming a part of our dance community! Light refreshments and instruction will be provided. A partner is not required.

Group & Party
Where: Recreation and Aquatic Center – Aerobics Room
When: Saturdays – 6:00pm - 9:00pm
Fees: $15.00 per person
Code: 140008

Dance Party
Where: Recreation and Aquatic Center – Aerobics Room
When: Saturdays – 7:00pm - 9:00pm
Fees: $10.00 per person
Code: 140008
SPECIAL EVENTS

INTERNATIONAL FESTIVAL

Don’t miss this inaugural event to support, encourage, and increase awareness for the many cultures who live in the community. Enjoy an afternoon full of music, dance, food, and cultural exhibits as we celebrate the diversity of 20 different countries! For all ages. Pre-registration is not required.
Saturday, October 5 | 2:00pm – 6:00pm | FREE!
Location: Talon Stream Park

SAT-TERROR DAY FALL FESTIVAL

From hayrides to pumpkins, and costume contests to trunk or treat, you won’t want to miss this family-friendly spook-tacular event! For all ages. Pre-registration is not required.
Doggy Costume Contest registration begins at 10:30am.
Costume Contest registration begins at 11:30am.
Group and individual categories will be offered.
Saturday, October 26 | 10:00am-3:00pm | Free!
Location: Talon Stream Park

RUN/WALK SERIES & MINI MARATHON TRAINING CLASS

Are you training for your first Mini Marathon, or are you an avid runner? Push yourself in our 5K or 10K runs, or take the Mini Marathon training class to get your training and nutrition on track.
Mini Marathon Training class, Tuesdays, January 14 – May 5 | 6:00pm – 8:00pm
Includes Saturday morning group runs!
Frosty Feet 5K, February 22 | Register by February 16 | Race begins at 9:00am
Spring Fling 5K & 10K, March 14 | Register by March 8 | Race begins at 9:00am
Trot the Trail 5K and 10 miler, April 11 | Register by April 5 | Races begin at 8:45am for the 10 miler and 9:00am for the 5K. For all ages.
Pre-registration is required. Registration can be done at the Recreation & Aquatic Center or at getmeregistered.com/plainfieldparksseries.
Location: Richard A. Carlucci Recreation & Aquatic Center
PICTURES WITH SANTA

Capture this magical time of year with a picture with Santa! Your children can share their Christmas list with Santa Claus, take a ride on the Holiday Train Express, enjoy skating on our indoor ice skating rink, and more! (Skates are provided). For all ages. Pre-registration is not required.
Saturday, December 21 | 11:00am-1:00pm | FREE
Location: Richard A. Carlucci Recreation & Aquatic Center

Daddy Daughter Dance

Join us for a memorable night of dancing and fun! Enjoy a variety of refreshments and entertainment including music, caricature artists, a chocolate fountain, and more! This event is not exclusive to daddies and daughters only. Uncles, grandpas, and older male role models are welcome to attend. For ages 5 & up. Pre-registration is required, and is limited to 150 participants per evening.
Friday, February 14 | 6:00pm-8:00pm
Saturday, February 15 | 2:00-4:00pm OR 6:00-8:00pm
Sunday, February 16 | 6:00-8:00pm | $20/person
Location: Richard A. Carlucci Recreation & Aquatic Center

Event volunteers are an integral part of our team that help create memories for our community. You can get involved by helping with event set-up and tear-down, or everything in between! Whether you volunteer as part of a group or on your own, you will enjoy being a part of the team that is making a difference in lives! It is also a great way to earn community service hours for school! Sign up to be an event volunteer at townofplainfield.com or email amaxwell@townofplainfield.com for more information.
Plainfield Parks and Greenways Rentals

Reservations can be completed at the front desk of the Richard A. Carlucci Recreation and Aquatic Center. Contact the Plainfield Parks Department at (317) 839-7665 for additional information. Rental rates are subject to change.

Franklin Park Shelter
300 North Mill Street
Plainfield IN 46168
Capacity: 75 people

- Resident Rental Rate: $55.00/ half day or $85.00/ full day
- Non-Resident Rental Rate: $80.00/ half day or $105.00/ full day

Swinford Park Shelter
1007 Longfellow Drive
Plainfield IN 46168
Capacity: 75 people

Talon Stream Shelter
651 Vestal Rd
Plainfield IN 46168
Capacity: 75 people

Friendship Gardens
850 South Center Street
Plainfield IN 46168
Capacity: 75 people

- Resident Rental Rate: $105.00/day
- Non-Resident Rental Rate: $210.00/day

Interurban Depot
401 South Vine Street
Plainfield IN 46168
Capacity: 50 people

- Resident Rental Rate: $45/hr or $290.00/day (6+ hours)
- Non-Resident Rental Rate: $55/hr or $360.00/day (6+ hours)

Diamond and Ball Fields
Available at Franklin Park, Swinford Park, and Al & Jan Barker Sports Complex

- Resident Rental Rate: $20/hr
- Non-Resident Rental Rate: $25/hr
Plainfield Community Gardens
5938 South County Road 700 East • Plainfield IN 46168
The Plainfield Community Gardens gives residents the opportunity to have their own garden without using their backyard. 20’ x 20’ plots are available and must be reserved. To be considered you must fill out a registration form and get to choose a location in the new Legacy Garden. The plaque, tree and installation can be purchased for $525.00 at the Recreation and Aquatic Center. Code: 500007
Friendship Gardens Legacy Garden and Plaque
Honor the memory of someone special by having a tree planted in the Legacy Garden at Friendship Gardens. You will be able to choose from a list of species of trees and get to choose a location in the new Legacy Garden. The plaque, tree and installation can be purchased for $525.00 at the Recreation and Aquatic Center. Code: 500020

Youth Sports
Local youth organizations utilize town parks to run and operate youth sports for the Town of Plainfield. To sign up for each league each sport is listed with ages, sign up dates, play seasons, locations of practices and games and the youth organizations to contact.

<table>
<thead>
<tr>
<th>Sport</th>
<th>Ages</th>
<th>Sign Up</th>
<th>Play Dates</th>
<th>Location</th>
<th>Youth Organization</th>
<th>Contact</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cheerleading</td>
<td>K-6th grade</td>
<td>June</td>
<td>August - October</td>
<td>Al and Jan Barker Sports Complex</td>
<td>Plainfield Pee Wee and Tee Ball Association</td>
<td><a href="http://www.plainfieldbaseball.com">www.plainfieldbaseball.com</a></td>
</tr>
<tr>
<td>Peewee/Tee Ball Baseball</td>
<td>5-8</td>
<td>February</td>
<td>April - July</td>
<td>Franklin Park</td>
<td>Plainfield Teenage Baseball League Inc.</td>
<td><a href="http://www.plainfieldbaseball.com">www.plainfieldbaseball.com</a></td>
</tr>
<tr>
<td>Football</td>
<td>1st-6th grade</td>
<td>June - July</td>
<td>August - October</td>
<td>Al and Jan Barker Sports Complex</td>
<td>Plainfield Optimist Club</td>
<td><a href="http://www.optimist.indiana.org/clubs/plainfield/">www.optimist.indiana.org/clubs/plainfield/</a></td>
</tr>
<tr>
<td>Fall Soccer</td>
<td>4-15</td>
<td>June - July</td>
<td>August - October</td>
<td>Al and Jan Barker Sports Complex</td>
<td>Plainfield Optimist Club</td>
<td>Plainfieldoptimistsoccer.blogspot.com</td>
</tr>
<tr>
<td>Miracle Movers Softball League</td>
<td>Up to 21</td>
<td>July-August</td>
<td>September - October</td>
<td>Al and Jan Barker Sports Complex</td>
<td>Optimist Miracle Movers</td>
<td><a href="http://www.townofplainfield.com">www.townofplainfield.com</a></td>
</tr>
<tr>
<td>Miracle Movers Soccer League</td>
<td>Up to 21</td>
<td>February - March</td>
<td>April - May</td>
<td>Al and Jan Barker Sports Complex</td>
<td>Optimist Miracle Movers</td>
<td>optimismiraclemovers.com</td>
</tr>
</tbody>
</table>

Plainfield Parks & Greenways Programs
*A registration form must be filed out for each of these programs.*

Friendship Gardens Veterans Memorial
Help us honor Plainfield’s bravest by having their name added to the Veterans Memorial Plaque at Friendship Gardens. The plaque and installation can be purchased for $230.00 at the Recreation and Aquatic Center. Code: 500006

Eagle and Boy Scout Projects
Plainfield Parks and Recreation has worked with several Boy Scouts and Eagle Scouts over the years on projects that benefit both the Town of Plainfield and the scouts. If you have project ideas please let us know. For more information contact Justin Cadwell at jcadwell@townofplainfield.com

Friendship Gardens Memorial Bricks
Leave your own piece of history on the brick walkway to the waterfall at Friendship Gardens. Bricks with engraving and installation can be purchased for $50.00 at the Recreation and Aquatic Center. Code: 500005
The Plainfield Parks and Recreation Department is excited to announce Hendricks Regional Health along with the Town of Plainfield have partnered to bring the #BeWell Bike Share Program to the Town’s parks and trails system. The program will give town residents and visitors easier ways to explore Plainfield’s more than 30 miles of trails. The organizations work with Zagster© to provide 15 bikes and three docking stations. The Plainfield docks will be located at:

- Richard A. Carlucci Recreation and Aquatic Center
- Guilford Township’s Hummel Park
- Friendship Gardens

To utilize the #BeWell Bike Share program, you must download the Zagster© app and join the #BeWell Bike Share. Unlock a bike using your phone and enjoy your ride!

Riders must be 18 years or older, abide by the rules of the trails and then return their bikes to one of the Zagster© stations.
CREATE YOUR OWN EXPERIENCE AT SPLASH ISLAND’S INDOOR AQUATIC CENTER!

Welcome to Splash Island Indoor Aquatic Center, where your recreational water activities can be met year-round! Our 20,000 square foot aquatic center features a 5,742 square foot leisure pool including:

- Three lap lanes
- A two-story waterslide
- Zero Depth water entry
- Interactive children's play area
- Gentle winding river
- Pulsating vortex
- Plenty of deck space
- Areas for birthday parties

Help keep our facility safe and provide the best experience for all guests by following these rules:

- Guests who cannot swim or children 8 years of age and younger must be within arm’s reach of an adult at all times.
- Alcoholic beverages and drugs are not permitted on any Town property. Guests who appear to be under the influence will be referred to the Plainfield Police Department.
- Guests must be 48” tall to ride the water slide.
- Only US Coast Guard approved lifejackets are accepted at the facility. Properly fitting, US Coast Guard levels 1, 2, and 3 lifejackets are approved for use. A limited number of lifejackets are available for guests to use for free. No flotation devices are permitted in the water.

Splash Island prides itself on staffing some of the most vigilant and well-trained lifeguards in the world! Lifeguards are trained on a weekly basis to keep our guests and the facility safe. There is nothing to worry about when you see a Splash Island lifeguard take the stand! Lifeguards possess valuable knowledge and a skill set to ensure swimmer safety. Please follow the direction of the lifeguards at all times. Guardians are responsible for supervising their children; lifeguards are responsible for responding to emergencies. If you are interested in joining the Splash Island team, we have programs available for all ages. Whether you start your child in swim lessons or participate in any of our other fun aquatic programs, you’re guaranteed to have a great experience.

ADMISSION RATES

<table>
<thead>
<tr>
<th>Pass Type</th>
<th>Resident Rate</th>
<th>Regular Rate</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Pass (18 years and older)</td>
<td>$7.00</td>
<td>$11.00</td>
</tr>
<tr>
<td>Youth Pass (5 – 17 years old)</td>
<td>$6.00</td>
<td>$10.00</td>
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<tr>
<td>Pre-School Pass (4 years and under)</td>
<td>$5.00</td>
<td>$8.00</td>
</tr>
<tr>
<td>Senior Citizen Pass (55 years and older)</td>
<td>$6.00</td>
<td>$9.00</td>
</tr>
<tr>
<td>“Just Watching Pass” (Street Clothes Only)</td>
<td>$4.00</td>
<td>$5.00</td>
</tr>
<tr>
<td>Infants 1 year old and younger</td>
<td>No Charge</td>
<td>No Charge</td>
</tr>
</tbody>
</table>

Plainfield Parks and Recreation is not responsible for, is not insured for, and will not reimburse guests for property loss or damage while visiting the Richard A. Carlucci Recreation & Aquatic Center.

Do not bring valuables or excessive cash into the park. Be sure to lock your locker or your vehicle.

The park or individual attractions are subject to closure or restricted use due to unforeseen circumstances such as inclement weather, low attendance, maximum facility capacity, maintenance, or recreation programs.

No street clothes will be permitted in the pools – all swimwear requires a liner in order to be considered acceptable swim attire.

Ready to join the experience!? Call 317-754-5484 to get started!
BECOME A SPLASH ISLAND LIFEGUARD

The ultimate lifeguard training! This Ellis and Associates lifeguard course is specifically designed for candidates interested in working for Plainfield Parks and Recreation. Students will be taught CPR, first-aid, water surveillance, and rescue skills. Additionally, participants will have sessions in water-park lifeguard professionalism and vigilance. Candidates who successfully complete this program will receive a professional lifeguard license and will join the Splash Island lifeguard staff. This isn’t just a job...It’s an experience! Pay starts at $9.25 per hour and interview process is required.

Where: Recreation and Aquatic Center – Indoor Aquatic Center
Ages: 16 and older
When: Saturdays: Call to schedule an interview

LIFEGUARDING FOR ACTIVE ADULTS

Are you looking for a part-time job, need to find something to occupy your free time or just looking to do something new, exciting and different? If so, our Active Adult Lifeguard program is for you! Our uniquely designed lifeguard class for active adults offers a less demanding, shallow-water alternative for lifeguarding. Participants will complete a 50-yard swim test, learn and demonstrate skills in CPR, first-aid, water surveillance, and rescue techniques. You will have the opportunity to lifeguard at our indoor aquatic center during programming times (maximum pool depth is 4 feet). Pay starts at $9.25 per hour and our interview process is required. Join the experience!

Where: Recreation and Aquatic Center – Indoor Aquatic Center
Ages: 16 and older
When: Saturdays: Call to schedule an interview

JUNIOR LIFEGUARDING

If you want the opportunity to be a lifeguard someday, then Junior Lifeguarding is for you! Instructors for these programs are Splash Islands’ award winning lifeguards. Participants often take several sessions of this program and continue to volunteer hours towards future scholarships and special interests.

Where: Recreation and Aquatic Center – Indoor Aquatic Center
Ages: 11 – 15 years old
Section 1: September 14 - November 16*
*No Class on October 19 and 26
Section 2: January 11- February 29, 2020
Days: Saturday
Time: 10am-12p
Class Size: 5-15 participants
Fees:
$57.00 Active Member
$66.00 Non-Member Resident
$77.00 Non-Member / Non-Resident
Code: 400001

Ready to join the experience? Call 317-754-5484 to get started!
# FALL/WINTER 2019-2020 INDOOR SCHEDULE

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
<th>Sunday</th>
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</thead>
<tbody>
<tr>
<td>5:30 AM</td>
<td>Lap Swim / Water Walking 5:30-8:00</td>
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<td>POOL CLOSED</td>
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<td>7:00 AM</td>
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<td>8:00 AM</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Aqua-X / Water Walking 8:00-9:00</td>
<td>Swim Lessons/ Water Walking 9:00-10:00</td>
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<tr>
<td>9:00 AM</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Aqua-X / Water Walking 9:00-10:00</td>
<td>Lifeguard Training Pool Closed 10:00-12:00</td>
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<tr>
<td>10:00 AM</td>
<td>Aqua-X / Water Walking 10:00-11:00</td>
<td>Aqua-X / Water Walking 10:00-11:00</td>
<td>Aqua-X / Water Walking 10:00-11:00</td>
<td>Aqua-X / Water Walking 10:00-11:00</td>
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<td>Lifeguard Training Pool Closed 10:00-12:00</td>
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<td>11:00 AM</td>
<td>Aqua-X / Water Walking 11:00-12:00</td>
<td>Lap Swiming / Water Walking 11:00-12:00</td>
<td>Aqua-X / Water Walking 11:00-12:00</td>
<td>Lap Swimming / Water Walking 11:00-12:00</td>
<td>Aqua-X / Water Walking 11:00-12:00</td>
<td>Aqua-X / Water Walking 11:00-12:00</td>
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<tr>
<td>12:00 PM</td>
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<td>Open Swim Rec Swim 12:00-2:00</td>
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<td>1:00 PM</td>
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<td>2:00 PM</td>
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<td>POOL CLOSED</td>
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<td>Open Rec Swim 12:00-6:00</td>
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<td>3:00 PM</td>
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<tr>
<td>4:00 PM</td>
<td>Swim Lessons/ Water Walking/ Lap Swiming 4:00-5:00</td>
<td>Swim Lessons/ Water Walking/ Lap Swiming 4:00-5:00</td>
<td>Swim Lessons/ Water Walking/ Lap Swiming 4:00-5:00</td>
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<td>Swim Lessons/ Water Walking/ Lap Swiming 4:00-5:00</td>
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<tr>
<td>5:00 PM</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 5:00-8:00</td>
<td>Open Rec Swim 12:00-9:00</td>
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<tr>
<td>6:00 PM</td>
<td>Aqua-X / Water Walking 6:00-7:00</td>
<td>Miracle Movers Swimming 6:30-7:30</td>
<td>No lap swimming during this time (Schedule listed below)</td>
<td>Aqua-X / Water Walking 6:00-7:00</td>
<td>Aqua-X / Water Walking 6:00-7:00</td>
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<td></td>
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<tr>
<td>7:00 PM</td>
<td>Aqua-X / Water Walking 7:00-8:00</td>
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<td>Open Rec Swim 4:00-9:00</td>
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<tr>
<td>8:00 PM</td>
<td>Lap Swiming / Water Walking 8:00-9:00</td>
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<td>Lap Swiming / Water Walking 8:00-9:00</td>
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<td>Lap Swiming / Water Walking 8:00-9:00</td>
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<td>POOL CLOSED</td>
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</tbody>
</table>

*Up to three lap lanes are available for lap swimming. Aquatic programming also uses lap lanes and lap lane availability will vary depending on aquatic programming.

**Miracle Movers Swim schedule: August 28 - September 25 and March 4 - April 8**
INDOOR RECREATIONAL “REC” SWIM

See Indoor Pool Schedule Page 26

Come enjoy the best indoor waterpark experience with our recreational swim time at the Indoor Aquatic Center! Be sure to check out our schedule for times, user guidelines, and supervision requirements.

WATER AEROBICS

We offer several different water aerobics classes designed to fit your need for your exercise regimen. From basic Aqua-X Aerobics Classes to Arthritis Water Aerobics, we have the class to fit your needs. All classes are drop-in with membership or daily admission pass. Refer to the class schedule for specific times and dates where we average 23 classes per week!

WATER WALKING/LAP SWIM

During these times, the indoor pool is reserved for lap swimmers and water walkers. We offer three lap swimming lanes and a lazy river with a powered current for exercise. These times occur prior to and after classes and after Recreational Swim Time. Water walkers can do this during any operational hours.

OPTIMIST MIRACLE MOVERS

Developed specially for children with physical challenges, Optimist Miracle Movers Swim Team is a permanent fixture at the Aquatic Center. The team, Aqua Champs, will meet for eight weeks for practice and will include a final swim meet at the conclusion of the sessions. Optimist is a non-profit organization with the goal of nurturing strong self-esteem and positive self-image for those with disabilities through adaptive sports. For more information or to register, call Karen Cravotta at (317) 402-5501.

TEEN/ADULT SWIM LESSONS

For ages 13 and older, this 8 week program is specifically designed to meet the needs of each individual. Skills can vary from floating, rhythmic breathing, introduction to strokes, or triathlete training as well. Novice to experienced level swimmers are welcome. For more details, email Jessica Sommers at jsommers@townofplainfield.com.

SPECIALTY LESSONS

Are you looking for a specific time or day outside of posted offerings? For an extra $10, the Aquatic Center can customize a schedule to meet your needs. To fill out a Special Request Form, simply inquire at the Front Desk or email Jess Sommers at jsommers@townofplainfield.com with the type of specialty lesson you would like. Scheduling is based on instructor availability.

EXTENDED HOLIDAY "SCHOOLS OUT" RECREATIONAL SWIM

* Based on 2019-20 Plainfield/Avon Community School Corporation Official School Calendars
PRESCHOOL AQUA ATHLETES
This program is tailored to individuals aged 3-6 by actively exposing them to a variety of recreational type activities as well as aquatic swim lessons. Participants will spend approximately 45 minutes in the gym of the Recreation Center and approximately 45 minutes in the Aquatic Center for a swim lesson type setting. Participants will start out in the gym, but come prepared to change into a proper swim suit. Children not yet potty trained are required to wear a swim diaper.

Where: Gymnasium and Indoor Aquatic Center
Ages: 3 - 6 years
Class Size: 5 - 30 participants
Code: 400051
Fees: $45.00 Active Member
$55.00 Non-Member Resident
$65.00 Non-Member / Non-Resident
When: Tuesday/Thursday @ 12:00 – 1:30pm
Fall Session:
Sept. 10 – Oct. 3
Oct. 28 – Nov. 20
Winter Session:
Jan. 6 – Jan. 29, 2020
Feb. 3 – Feb. 26, 2020

HOMESCHOOL AQUA ATHLETES
This program is tailored to individuals aged 3-12 by actively exposing them to a variety of recreational type activities as well as aquatic swim lessons. Participants will spend approximately 45 minutes in the gym of the Recreation Center and approximately 45 minutes in the Aquatic Center for a swim lesson type setting. Participants will start out in the gym, but come prepared to change into a proper swim suit. Children not yet potty trained are required to wear a swim diaper.

Where: Gymnasium and Indoor Aquatic Center
Ages: 3 - 12 years
Class Size: 5 - 30 participants
Code: 400011
Fees: $45.00 Active Member
$55.00 Non-Member Resident
$65.00 Non-Member / Non-Resident
When: Monday/Wednesday @ 12:00 – 1:30pm
Fall Session:
Sept. 9 – Oct. 2
Oct. 28 – Nov. 20
Winter Session:
Jan. 6 – Jan. 29, 2020
Feb. 3 – Feb. 26, 2020

PARENT-TOT SWIM LESSONS
This program is intended for children ages 6 months to 3 years old. Parents are in the water with participants and learn progressive skills for the introduction and exploration of the pool. Topics include water exploration, games, blowing bubbles, kicking, and introduction to preschool skills. We require that all infants/children not yet potty trained to wear a swim diaper.

Where: Indoor Aquatic Center
Ages: 6 months – 3 years
Class Size: 3 - 10 participants
Code: 400018
Fees: $60.00 Active Member
$70.00 Non-Member Resident
$80.00 Non-Member / Non-Resident
When: Tuesday/Thursday @ 10:00am
Fall Session:
Sept. 10 – Oct. 3
Oct. 29 – Nov. 21
Winter Session:
Jan. 7 – Jan. 30, 2020
Feb. 4 – Feb. 27, 2020

When: Saturday @ 8:30 and 9:15am
Fall Session:
Sept. 14 – Nov. 16
Winter Session:
Jan. 11 – Feb. 29, 2020

*No classes Oct. 14-27 (fall break)
### One-On-One Swim Lessons

For ages 3-12, this program is specifically designed to give individual instruction on a personalized basis. Lessons are once per week for 30 minutes and take place in the Indoor Aquatic Center on a year round basis. Topics include introduction to water safety skills, stroke development and introduction to various other swimming skills. Children of all skill levels are welcome to enroll. One-On-One swim lessons would best fit the need for those that have taken some sort of swim lesson in the past or someone that needs more individualized attention.

**Where:** Indoor Aquatic Center  
**Ages:** 3 - 12 years  
**Class Size:** 1 participant per teacher  
**Fees:**  
- $110.00 Active Member  
- $120.00 Non-Member Resident  
- $140.00 Non-Member/Non-Resident  
**Times:**  
- Monday – Thursday: 4:00pm – 7:45pm  
- Friday: 4:00pm – 5:30pm  
- Saturday: 8:00am – 9:30am  
**Codes:**  
- Monday: 300019  
- Tuesday: 300020  
- Wednesday: 300021  
- Thursday: 300022  
- Friday: 300023  
- Saturday: 300024

#### 2019 Fall Session:
- Monday: Sept. 9 – Nov. 11*  
- Tuesday: Sept. 10 – Nov. 12*  
- Wednesday: Sept. 11 – Nov. 13*  
- Thursday: Sept. 12 – Nov. 14*  
- Friday: Sept. 13 – Nov. 15*  
- Saturday: Sept. 14 – Nov. 16*  
*No classes Oct. 14-27 (fall break)

#### 2020 Winter Session:
- Monday: Jan. 6 – Feb. 24, 2020  
- Tuesday: Jan. 7 – Feb. 25, 2020  
- Wednesday: Jan. 8 – Feb. 26, 2020  
- Thursday: Jan. 9 – Feb. 27, 2020  
- Friday: Jan. 10 – Feb. 28, 2020  
- Saturday: Jan. 11 – Feb. 29, 2020

### One-On-Two Swim Lessons

For ages 3-12, this program is specifically designed to give individual instruction to two children on a personalized basis. Lessons are once per week for 30 minutes and take place in the Indoor Aquatic Center on a year round basis. Topics include introduction to water safety skills, stroke development and introduction to various other swimming skills. Children of all skill levels are welcome to enroll. One-On-Two swim lessons would best fit the need for those that have taken some sort of swim lesson in the past or someone that needs more individualized attention. It is required that two individuals are enrolled at the same time. For the best experience it is recommended the individuals are of the same ability.

**Where:** Indoor Aquatic Center  
**Ages:** 3 - 12 years  
**Class Size:** 2 participants per teacher  
**Fees:**  
- $110.00 Active Member  
- $120.00 Non-Member Resident  
- $140.00 Non-Member/Non-Resident  
**Times:**  
- Monday – Thursday: 4:00pm – 7:45pm  
- Friday: 4:00pm – 5:30pm  
- Saturday: 8:00am – 9:30am  
**Codes:**  
- Monday: 300026  
- Tuesday: 300027  
- Wednesday: 300028  
- Thursday: 300029  
- Friday: 300030  
- Saturday: 300031

#### 2019 Fall Session:
- Monday: Sept. 9 – Nov. 11*  
- Tuesday: Sept. 10 – Nov. 12*  
- Wednesday: Sept. 11 – Nov. 13*  
- Thursday: Sept. 12 – Nov. 14*  
- Friday: Sept. 13 – Nov. 15*  
- Saturday: Sept. 14 – Nov. 16*  
*No classes Oct. 14-27 (fall break)

#### 2020 Winter Session:
- Monday: Jan. 6 – Feb. 24, 2020  
- Tuesday: Jan. 7 – Feb. 25, 2020  
- Wednesday: Jan. 8 – Feb. 26, 2020  
- Thursday: Jan. 9 – Feb. 27, 2020  
- Friday: Jan. 10 – Feb. 28, 2020  
- Saturday: Jan. 11 – Feb. 29, 2020

### Group Swim Lessons

Group lessons are for ages 3-7 and include skills from floats, rhythmic breathing, and front crawl. Water safety skills are also practiced and taught. Lessons are 45 minutes and take place in the Indoor Aquatic Center on a year round basis. We do not divide up groups between ages. Students will have the opportunity to receive a report card at the end of the session noting achievements and skills to work on. The group swim lessons are considered to be an introduction to those who have not had swim lessons before.

**Where:** Indoor Aquatic Center  
**Ages:** 3 - 7 years  
**Class Size:** 3 - 5 participants per class  
**Fees:**  
- $75.00 Active Member  
- $85.00 Non-Member Resident  
- $100.00 Non-Member/Non-Resident  
**Times:**  
- Monday/Wednesday: 4:00pm and 5:00pm  
- Tuesday/Thursday: 4:00pm and 5:00pm  
- Saturday: 9:00am  
**Code:** 400016

#### 2019 Fall Session:
- Monday: Sept. 9 – Oct. 2  
- Oct. 29 – Nov. 21  
- Tuesday/Thursday: Sept. 10 – Oct. 3  
- Oct. 28 – Nov. 20

#### 2020 Winter Session:
- Monday: Jan. 6 – Jan. 29, 2020  
- Jan. 28 – Jan. 30, 2020  
- Tuesday/Thursday: Jan. 7 – Jan. 30, 2020  
- Feb. 3 – Feb. 26, 2020  
- Friday: Jan. 10 – Feb. 28, 2020  
- Feb. 4 – Feb. 27, 2020  
- Saturday: Jan. 11 – Feb. 29, 2020

*No classes Oct. 14-27 (fall break)
SAFETY SWIM LESSONS
Are you an advocate for preventing drownings!? Our safety swim lessons are designed to teach and practice valuable skills to keep people safe in and around water. This program is intended for you to learn more about water safety and awareness. You will be equipped with the tools to implement a proactive approach in preventing drowning and other dangers in neighborhoods, pools, ponds, and other bodies of water.

Where: Indoor Aquatic Center and Fitness Center
Section 1: Saturday, December 14, 2019
Section 2: Saturday, March 21, 2020
Time: 10:00am - 11:30am
Code: 400055

INDOOR TRIATHLON
Want to get some practice and still compete? Come join us for our Indoor Triathlon Series! Athletes can come and enjoy a Triathlon in the indoor facility to stay warm and still compete. These triathlon’s will be hosted at the Richard A. Carlucci Recreation & Aquatic Center. The triathlon will consist of a 10 minute swim, 30 minute bike on our cycling bikes, and a 20 minute run on the treadmill. Come join us!

Where: Indoor Aquatic Center and Fitness Center
When: November 17, 2019
December 22, 2019
January 19, 2020
February 23, 2020
Ages: 13 and older
Fees: $17.00 per person
Code: 500026

SCUBA
This course follow the PADI (Professional Association of Diving Instructors) Course and is taught by instructor Tom Whitfield. Course fee includes rental equipment for pool training, books, educational materials, and certifying dives. This 25 hour long course will be held over the course of several weeks and upon completion, participants will be certified as a PADI Open Water Scuba Diver. For more information and registration information, contact Tom Whitfield at (317) 557-6772.

Where: Classroom instruction held at Richard A. Carlucci Recreation & Aquatic Center
Ages: 10 years and older
Thanks to our sponsors for supporting the Richard A. Carlucci Recreation and Aquatic Center

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The therapists at Hendricks Regional Health Plainfield Medical Center are experts in how the body works and moves. Our expansive rehabilitation services team consists of physical, occupational and aquatic therapists all working together seamlessly to promote healing, relieve pain, restore motion and help patients achieve daily comfort, ease and independence. Learn more at Hendricks.org/Rehabilitation.